

TEAM BEACHBODY

COACH SUMMIT

INDY 2019

CREATE YOUR SUMMIT EXPERIENCE

How to select your Workout, purchase Summit Event Extras, &
review your pre-assigned Workshop Track in
3 EASY STEPS!

GENERAL REGISTRATION OPENS MAY 6, 2019

WANT MORE INFO? CHECK OUT FAQ 2940 AND MAKE SURE TO DOWNLOAD THE TEAM BEACHBODY EVENTS APP!

Follow these steps to make sure you get the most out of Summit 2019!

STEP 1

CHOOSE YOUR WORKOUT

Want to make the shift with Chris? Go extreme with Autumn? Meltdown with Jericho?

You must preregister for your Thursday afternoon OR Friday morning Super Trainer Workout.

STEP 2

CHOOSE YOUR SUMMIT EVENT EXTRAS

To enhance your Summit experience, pre-purchase delicious box lunches and Celebration Guest Passes during preregistration.

STEP 3

REVIEW YOUR QUALIFIED WORKSHOP TRACK INFORMATION

We heard your feedback and are excited to announce **NEW Summit Workshop Track** qualifications!

The new training content is designed for where YOU are in your Coaching business and will focus entirely on action steps to help get you to the next level.

Your Workshop Track will be automatically assigned to you at Registration in Indy based on your Lifetime Rank as of June 6, 2019.

STEP 1

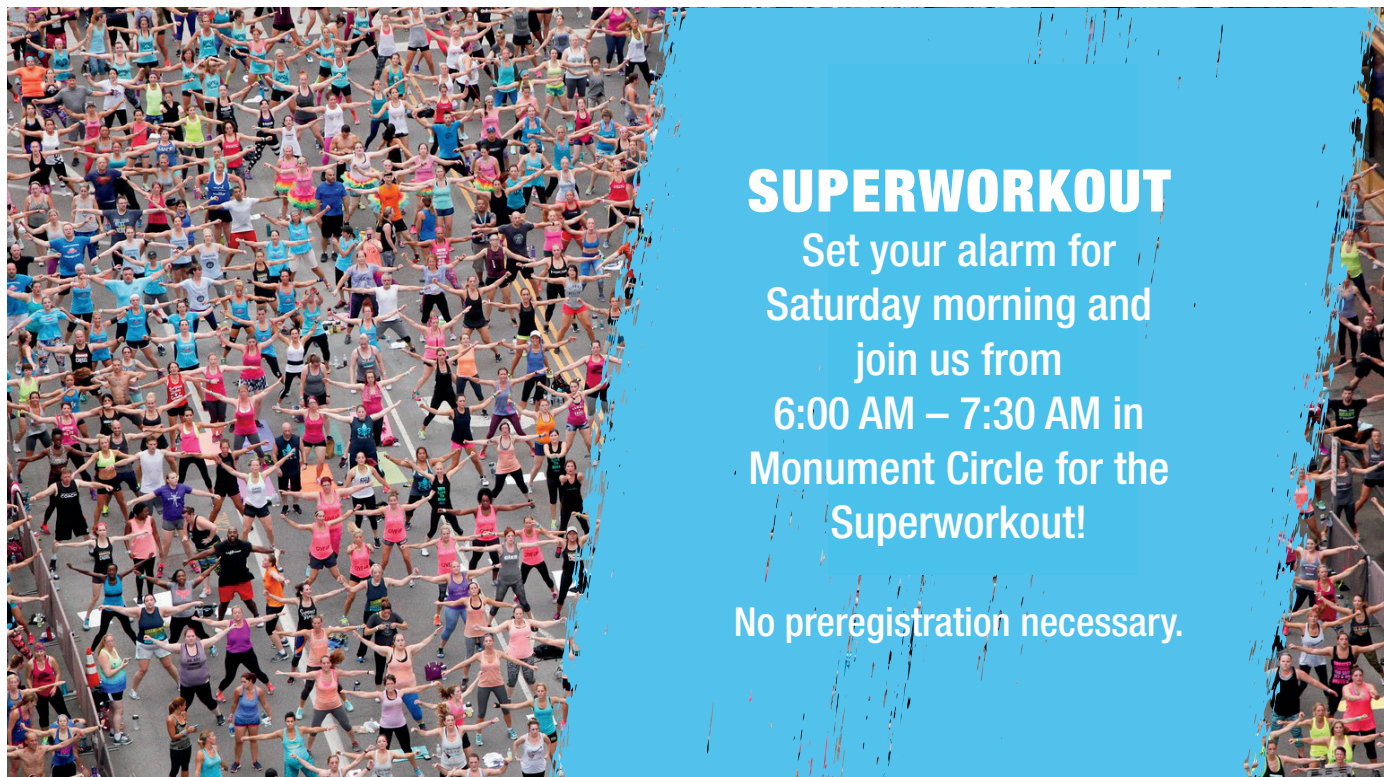
CHOOSE YOUR WORKOUT

Remember, you *MUST* preregister for your Super Trainer Workout!

Here's how to preregister and save your spot:*

- 1.** Choose which Workout you would like to attend. You will only be able to choose ONE (1) Super Trainer Workout.
- 2.** If your desired Workout is full, you will need to choose from the remaining options.

PLEASE NOTE: Strollers and anyone under the age of 18 will NOT be permitted in the workout halls—no exceptions.



SUPERWORKOUT

Set your alarm for
Saturday morning and
join us from
6:00 AM – 7:30 AM in
Monument Circle for the
Superworkout!

No preregistration necessary.

**Workout dates and times are subject to change. There will not be a wait list for Super Trainer Workouts. Unfortunately, we cannot accommodate Super Trainer Workout transfers.*

WORKOUT SELECTIONS ARE FINAL ONCE MADE.

STEP 1

CHOOSE YOUR WORKOUT, cont'd.



SUPER TRAINER WORKOUTS

THURSDAY, JULY 11

START TIME	LOCATION	TRAINER	WORKOUT
5:00 PM	ICC Hall H	Sagi Kalev	Body Beast
5:00 PM	ICC Hall D	Idalis Velazquez	Mes de Más* <i>*will be taught in English</i>

FRIDAY, JULY 12

START TIME	LOCATION	TRAINER	WORKOUT
6:00 AM	ICC Hall B	Chris Downing	Proving Grounds
6:00 AM	ICC Hall H	Autumn Calabrese	21 Day Fix Real Time
7:15 AM	ICC Hall F	Jericho McMatthews	Morning Meltdown 100
7:15 AM	ICC Hall D	Shaun T	Shaun T's Half Hour Power
7:15 AM	ICC Hall I	Joel Freeman	LIIFT4
7:15 AM	ICC Hall A	Tony Horton	All Things X

Thursday and Friday Super Trainer Workouts will be held at the Indiana Convention Center. Strollers and anyone under the age of 18 will NOT be permitted in the workout halls—NO exceptions.

STEP 1

CHOOSE YOUR WORKOUT, *cont'd.*

A **Baby & Me Workout** and a **Prenatal Workout** will be offered in addition to the **Super Trainer Workouts**.

If you sign up for the **Baby & Me Workout** or **Prenatal Workout**, you can still select a **Super Trainer Workout** on Thursday or Friday.

Registration is limited and on a first come, first served basis ONLY. There will not be a wait list and we cannot accommodate transfers.

BABY & ME WORKOUT

FRIDAY, JULY 12

START TIME	LOCATION	TRAINER	WORKOUT
8:00 AM	ICC 500 Ballroom	Autumn Calabrese	Baby & Me*

***BABY & ME:** *For parents with infants up to 12 months old ONLY.*

PRENATAL WORKOUT

FRIDAY, JULY 12

START TIME	LOCATION	TRAINER	WORKOUT
6:00 AM	ICC 500 Ballroom	Idalis Velazquez	Prenatal**

****PRENATAL:** *For expectant mothers during Summit event dates ONLY.*

STEP 2

CHOOSE YOUR EXTRAS

BOX LUNCHES

For a convenient and healthy lunch option on Friday and Saturday, you can pre-purchase one of our tasty box lunches for \$19.50.*

All box lunches are served with healthier chips, whole fruit, and bottled water.

Box lunches will be available for pickup at the Convention Center in Hall H:
Friday 12PM – 2PM**/Saturday 1PM – 3PM**

OPTIONS

SOUTHWEST CHICKEN SALAD

Garden greens with grilled chicken, diced fresh tomatoes, corn, black beans, cheddar cheese, with a side of tricolored tortilla crisps and low-fat chipotle ranch dressing

QUINOA SALAD (VEGAN + GLUTEN-FREE)

Mixed greens, quinoa, garden vegetables, fresh herbs, and dried cranberries

SMOKED TURKEY SANDWICH

Smoked turkey, lettuce, tomato, and sharp cheddar on a deli roll (kaiser roll or brioche)

GRILLED CHICKEN SANDWICH

Chilled grilled chicken, lettuce, roasted yellow peppers, and basil on a deli roll (kaiser roll or brioche)

**Pricing is inclusive of taxes and service fees.*

Box lunches will not be available for purchase on-site.

***Lunches will not be available for pickup after posted end times.*

Refunds will not be processed for unclaimed lunches.

CELEBRATION GUEST PASSES

Want to bring your family to the Celebration Show on Saturday night? You can pre-purchase Guest Passes so they can join the fun!

Children's Celebration Guest Pass –
Valid for children 3–17: \$15

Adult Celebration Guest Pass –
Valid for guests 18+: \$25

Children 0–3 may attend free of charge, but must be seated in a lap and not utilize a stadium seat. One pass per person. General Seating only—not valid for VIP or Reserved Seating Section.

ASL Interpretation

ASL (American Sign Language) interpretation will be available at the following:

- General Sessions
- Coach Business Accelerator Track (Hall B)
- Leadership 1 Track (Hall D)

Spanish & French Interpretation

French interpretation will be provided for the Coach Business Accelerator Track (Hall B) and the Leadership 1 Track (Hall D) ONLY.

Spanish interpretation will NOT be provided in the main halls at the Convention Center as there will be a separate location with all content in Spanish.

French and Spanish interpretation will be provided for all Sessions at Lucas Oil Stadium.

RSVP for La Cumbre Latina:

<https://tbbcoa.ch/2019lacumbre>

RSVP for Le Sommet:

<https://tbbcoa.ch/2019lesommet>



STEP 3

REVIEW YOUR QUALIFIED WORKSHOP TRACK INFORMATION

NEW SUMMIT WORKSHOP TRACK QUALIFICATIONS

We designed the training program based on where YOU are in your Coaching business. This multitrack approach will be based on your highest achieved Rank.

Your Workshop Track will be automatically assigned to you at Registration in Indy based on your Lifetime Rank. Please note that June 6, 2019, is also the deadline for onstage Summit Recognition.

You will NOT select a Workshop Track during this online Summit Selection Registration.

We know there are some of you who run your business with a spouse or partner who may be at a different rank and will be placed in a different Track. We hope you will see this as an opportunity to divide and conquer to receive the benefit of attending different Tracks with different programming.

Workshops will be held at the Convention Center on Friday, July 12 from 2 PM – 5 PM and Saturday, July 13 from 3 PM – 5 PM.

WORKSHOP TRACK QUALIFICATION BREAKDOWN

TRACK 1: Coach Business Accelerator*

TRACK 2: Leadership 1 Training (Diamond & 1 Star Diamond)*

TRACK 3: Leadership 2 Training (2 Star+)**

Detailed descriptions of each Track will be available in **FAQ 2940** and within the **Summit Selection Registration** site.

**Rank will be based on Lifetime status*

***In order to qualify for the Leadership 2 Training Track, you must be a Lifetime 2 Star Diamond Coach or higher AND a paid Diamond Coach as of June 6, 2019*

Still have questions? FAQ 2940 has the answers.
And don't forget to download the Team Beachbody Events app. Search "Team Beachbody" in your app store!