

Fitness + Nutrition + Support = Results!

Beachbody® Challenge Packs deliver a total solution to get your best results:

- **Fitness:** CORE DE FORCE™ is a 30-day MMA-style workout that delivers total-body results.
- **Nutrition:** Shakeology®, Your Daily Dose of Dense Nutrition®, is a superfood protein shake that can help you lose weight, curb junk-food cravings, and provide healthy energy.†
- **Support:** Your Team Beachbody Coach® + Team Beachbody® Club featuring Beachbody On Demand can give you all the support and motivation you need to succeed.

There are two CORE DE FORCE Challenge Packs to help you get knockout results—the original pack that includes the DVD kit, and the new DIGITAL version that includes 90 days of access to the CORE DE FORCE program on Beachbody On Demand!

The Digital CORE DE FORCE and Shakeology Challenge Pack is a great fit for those without a DVD player, or anyone who prefers the convenience of streaming their workouts and accessing program materials on-the-go.

CHOOSE YOUR CHALLENGE PACK

CORE DE FORCE and Shakeology Challenge Pack



Digital CORE DE FORCE and Shakeology Challenge Pack



Retail Price	\$160 (Save over \$65**)	\$160 (Save over \$90**)
Special Launch Promotion Price	\$140 (Save over \$85**)	\$140 (Save over \$110**)
Shakeology — 30-day supply delivered on Home Direct‡	X	X
CORE DE FORCE Base Kit - DVD	X	
CORE DE FORCE Base Kit - Digital Streaming via Beachbody On Demand	30-Day Trial*	90-Day Membership*
7-Piece Portion-Control Containers	X	X
Portion Fix® Recipe Book & Large Blue Container		X
Shakeology Shaker Cup	X	X
Team Beachbody Exclusive Workout DVD – MMA Mashup	X	X
CORE DE FORCE Eating Plan Quick-Start Guide 30-Day Calendar	Printed	Printable PDF Format
Team Beachbody Club featuring Beachbody On Demand Membership, which includes:		
• Access to Member Library (a \$6,000 value)		
• FIXATE™ Cooking Show		
• 10% off all future purchases on TeamBeachbody.com		
	30-Day Trial*	90-Day Membership*
Money Back Guarantee	30-Day	30-Day

*After your trial or membership period expires, your Beachbody On Demand membership automatically continues for \$2.99 a week, billed \$38.87 quarterly until you cancel. Cancel anytime by calling Customer Service at 1(800) 470-7870. You will have access to stream CORE DE FORCE as long as you are a Beachbody On Demand member.

**Compared to buying items separately.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

‡With Shakeology on Home Direct, you'll be enrolled in our automatic shipment program, which you can cancel anytime. Please see our website for full details.

All prices/savings in USD. International pricing may vary.