

Your Team Beachbody® Cup Handbook

February 1 – February 28, 2014 | [View Official Rules](#)

This February, we kick off another round of the ultimate battle to determine which Team of five fierce Coaches will earn the right to raise the Cup and join our roster of champions. Let this guidebook eliminate any guesswork on your road to success.

Select a question below and find a detailed answer:

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What is the Team Beachbody Cup?

- Teams compete to have their names engraved on the Team Beachbody Cup and enshrined in Team Beachbody lore forever.
- A spirited one-month competition where Coaches have the chance to work together, learn the principles of the 3 Vital Behaviors, and earn tons of amazing rewards.
- A great way for Coaches to be recognized for building consistency in their businesses.

How do I assemble my Team?

- You must have five Coaches on your Team, including yourself. One person needs to be the Team Captain.
- Teams may have a maximum of one lifetime Diamond Coach or higher, but this is not required (ie: all five players can be Coach rank). Any member can be a Team Captain.
- Rank evaluation will be determined as of the bonus week ending January 8, 2014.
- Coaches can only be registered on ONE Team.
- Coaches must remain on the Team for which they registered.

How does my Team earn points?

- One point will be awarded for every Success Club point earned.

- One point will be awarded for every Lifetime Rank Advancement of any Coach on a registered Team and their Personally Sponsored Coaches. (Please note: Personally Sponsored Coaches do NOT need to be registered for the Team Beachbody Cup to count.)
- Limit 35 points overall per Coach.

What can we win?

- **Tiered individual prizes.** Exclusive Team Beachbody beach gear, including a Beachbody beach chair and umbrella, a custom Beachbody beach blanket and more!
- **Top 10 Teams.** TBB Cup Top-10 T-shirt!
- **Top 6-10 Teams.** Custom NIKEiD Flash Pack Running Shoes tailored to your specifications!
- **Top 2-5 Teams.** Bowflex® SelectTech® Dumbbells.
- **Grand prize.** A trip to Los Angeles, CA to meet Carl Daikeler, Beachbody CEO, and other executives, tour the Santa Monica headquarters, and sweat through a personal workout with a Beachbody celebrity trainer. Includes airfare, hotel, meals, and an incredible experience.
- [View all prizes.](#)

How can I earn individual prizes?

- **TIER 1:** Your Team has at least 30 points, PLUS you've earned Success Club 5 or Success Club 10 in February 2014.
- **TIER 2:** Your Team has at least 50 points, PLUS you've earned Success Club 5 AND achieved at least 7 Success Club points or earned Success Club 10 in February 2014.
- **TIER 3:** Your Team has at least 75 points, PLUS you've earned Success Club 10 in February 2014.

How can my Team earn the Grand Prize?

- In order to finish in the top 10 (scored by your Team's total points), ALL five of your Team members MUST qualify for the Tier 1 prize.

What do we need to do to get started?

You and your Team will need to download, save, and print the Training Guide, activity tracker, weekly call schedule, list of prizes, and official rules. Here you go!

- [Team Beachbody Cup Training Call Schedule](#)
- [Prizes](#)
- [Activity Tracker](#)
- [Official Rules](#)
- [View the Official Web Site](#)

Team Captains! We support you throughout the contest to ensure your success. Make sure to use the tools below geared specifically for Cup Captains:

- [Team Captain's Guide](#)
- [Facebook® Team Beachbody Cup Captain's Club](#)

When are the weekly training calls?

- All FOUR Team Beachbody Cup trainings will take place on the National Wakeup Call, every Monday morning at 8:00 AM PT/11:00 AM ET. Dial 1 (832) 225-5055, pin 90405#, to get on the call (Canadians dial (416-915-9063, pin 12234#)—and call in 5 minutes early to participate in the pre-call contest giveaways!
- Topics will range from the “tips and tricks” of a successful team leader to how to keep people motivated. Please see the [Training Call Schedule](#) for a full list of topics.

How do we keep track of our points?

- A personalized email will be sent out to all Team members every Friday—starting February 7th—with total points earned throughout the competition.
- The complete leader board and tiered prize winners will be updated every Friday—starting February 7th—on the Team Beachbody Cup Web site.

When will my Team be recognized?

- Throughout the competition, the top Teams will be highlighted on The Team Beachbody Cup Website, on the National Wakeup Call, and through social media.
- Tiered prizes and top 10 Team prizes will be announced and fulfilled in March.
- View the Team Beachbody Cup leader boards by visiting <https://Teambeachbody.com/teambeachbodycup>

When will my prizes be awarded?

- Tiered prize winners will be listed on the leader boards, which will be updated weekly, every Friday during the competition. However, prizes will not be fulfilled until after competition ends.
- Top 10 Teams and tiered prize winners will be posted on the TBB Cup website and instructions on how to claim their prizes will be emailed to individual winners.
- [View all prizes.](#)

What are the important dates to remember?

- Registration opens January 11th and closes January 31st.
- All four weekly training calls will take place on the National Wakeup Call, every Monday morning at 8:00 AM PT/11:00 AM ET.
- The top 10 Teams will be announced on or around March 10th, after points have been tallied and validated.