

TEAM  BEACHBODY®

# EMERALD TO DIAMOND

PARTICIPANT STARTER GUIDE



# EMERALD TO DIAMOND

## WHAT YOU NEED TO KNOW TO GET STARTED

### A MESSAGE FROM YOUR EMERALD TO DIAMOND LEADER

Welcome, and congratulations on your decision to participate in the Emerald to Diamond program. Coach Basics introduced you to the 3 Vital Behaviors and taught you the foundational skills to build your business. This training will help you develop a leader mind-set and establish simple systems in your business that allow for duplication on your Team.

### PREREQUISITES

1. Complete a Coach Basics program
2. Complete the application provided by your Coach (if applicable)
3. Set your goals, which include:
  - Promotion to Diamond Rank
  - Earn Success Club every month
4. Purchase *Failing Forward* (book or audio) by John C. Maxwell

### COMMITMENTS

- Commit to engage in the daily activities and complete each module
- Check in daily with your Emerald to Diamond Group on Facebook
- Complete your Business Activity Tracker each week and submit it to your Coach Leader
- Participate in the weekly video conference call
- Listen to the weekly National Wake-Up Call every week